

## Fortesta (testosterone)

How should I use FORTESTA?

- It is important that you apply FORTESTA exactly as your healthcare provider tells you to.
- FORTESTA should be applied to the front and inner part of your thighs only. Do not apply FORTESTA to any other parts of your body such as your stomach area (abdomen), penis, scrotum, shoulders or upper arms.
- Apply FORTESTA in the morning. If you shower or bathe, FORTESTA should be applied afterwards.
- Avoid swimming, showering, or bathing for at least 2 hours after you apply FORTESTA.
- FORTESTA is flammable until dry. Let FORTESTA dry before smoking or going near an open flame.
- Apply FORTESTA only to areas that will be covered by shorts or pants.
- Wash your hands with soap and water right after you apply FORTESTA.

### **Applying FORTESTA:**

- Before using a new canister of FORTESTA for the first time, you will need to prime the pump. To prime the FORTESTA pump, gently push down on the pump 8 times. Do not use any FORTESTA that comes out while priming. Wash it down the sink or throw it in the trash to avoid accidental exposure to others. Your FORTESTA pump is now ready to use.
- Use FORTESTA exactly as your healthcare provider tells you to use it. Your healthcare provider will tell you the dose of FORTESTA that is right for you.
- Depress the pump to apply the medicine directly on clean, dry, intact skin of the front and inner part of your thighs. Use one finger to gently rub FORTESTA evenly onto the front and inner part of each thigh.

### **What is the most important information I should know about FORTESTA Gel?**

- FORTESTA Gel can transfer from your body to others. This can happen if other people come into contact with the area where the FORTESTA Gel was applied
- Signs of puberty that are not expected (for example, pubic hair) have happened in young children who were accidentally exposed to testosterone through contact with men using topical testosterone products like FORTESTA Gel
- Women and children should avoid contact with the unwashed or unclothed areas where FORTESTA Gel has been applied. If a woman or child makes contact with the FORTESTA Gel application area, that area on the woman or child should be washed

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well with soap and water right away. To lower the risk of transfer of FORTESTA Gel from your body to others, you should:

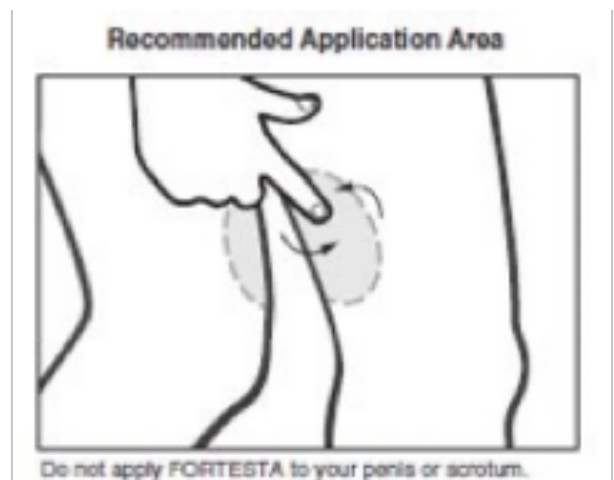
Apply FORTESTA Gel only to the front and inside area of your thighs that will be covered by clothing and wash your hands right away with soap and water after applying FORTESTA Gel. After the gel has dried, cover the application area with clothing and keep the area covered until you have washed the application area well or have showered.

If you expect another person to have skin-to-skin contact with your thighs, first wash the application area well with soap and water

- Stop using FORTESTA Gel and call your healthcare provider right away if you see any signs and symptoms in a child or a woman that may have occurred through accidental exposure to FORTESTA Gel
- Do not use FORTESTA Gel if you have breast cancer, have or might have prostate cancer, are pregnant, may become pregnant, or are breast-feeding
- FORTESTA Gel may harm your unborn or breast-feeding baby. Women who are, or who may become pregnant should avoid contact with the area of skin where FORTESTA Gel has been applied

**Other possible serious side effects include:**

- If you already have enlargement of your prostate gland your signs and symptoms can get worse while using FORTESTA Gel
- Possible increased risk of prostate cancer
- In large doses FORTESTA Gel may lower your sperm count
- Swelling of your ankles, feet, or body, with or without heart failure
- Enlarged or painful breasts
- Have problems breathing while you sleep (sleep apnea)
- Increased red blood cell count
- Blood clots in the legs. This can include pain, swelling or redness of your legs
- Call your healthcare provider right away if you have any of the serious side effects listed above



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