

Testim (testosterone)

The recommended starting dose of Testim™ is 5 g of gel (one tube) containing 50 mg of testosterone applied once daily (preferably in the morning) to clean, dry intact skin of the shoulders and/or upper arms

Upon opening the tube the entire contents should be squeezed into the palm of the hand and immediately applied to the shoulders and/or upper arms. Application sites should be allowed to dry for a few minutes prior to dressing. Hands should be washed thoroughly with soap and water after Testim™ has been applied.

PRECAUTIONS

Transfer of testosterone to another person can occur when vigorous skin-to-skin contact is made with the application site

The following precautions are recommended to minimize potential transfer of testosterone from Testim™-treated skin to another person:

- Patients should wash their hands thoroughly and immediately with soap and water after application of Testim™.
- Patients should cover the application site(s) with clothing after the gel has dried (e.g. a shirt).
- Prior to any situation in which direct skin-to-skin contact is anticipated, patients should wash the application sites thoroughly with soap and water so as to remove drug residue.
- In the event that unwashed or unclothed skin to which Testim™ has been applied does come in direct contact with the skin of another person, the general area of contact on the other person should be washed thoroughly with soap and water as soon as possible.

Changes in body hair distribution, significant increase in acne, or other signs of virilization of the female partner should be brought to the attention of a physician.

General

The physician should instruct patients to report any of the following:

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- Too frequent or persistent erections of the penis.
- Any changes in skin color, ankle swelling or unexplained nausea and vomiting.
- Breathing disturbances, including those associated with sleep.
Testim™ should not be applied to the scrotum, penis, or abdomen.
- Testim™ should be applied once daily at approximately the same time each day to clean dry skin of the shoulders and/or upper arms.
- Washing or swimming may lessen testosterone levels; however, when washing occurs two or more hours post drug application, serum testosterone levels remain within the normal range.
- Testim™ may be transferred to another person by vigorous contact with the application site. Potential for transfer may be reduced by washing hands thoroughly after application, by wearing clothing to cover the sites, and by washing the application sites thoroughly with soap and water prior to any direct skin-to-skin contact.

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