

## UroCuff Test: Patient Information Sheet

The UroCuff Test is a non-invasive procedure used to evaluate bladder function and urinary incontinence. It measures the pressure and flow of urine during urination, helping doctors determine the cause of urinary symptoms. This test is particularly useful in diagnosing conditions like bladder outlet obstruction and assessing the effectiveness of treatments.

Your doctor may recommend the UroCuff Test if you are experiencing:

- Difficulty starting urination
- Weak urine stream
- Frequent urination
- Urinary incontinence (leakage)
- The need to strain during urination

The test helps identify issues with the bladder or prostate that could be causing these symptoms.

### How Does the UroCuff Test Work?

1. **Preparation:** No special preparation is needed for the UroCuff Test. You should have a comfortably full bladder before the procedure, so you may be asked to drink water beforehand.
2. **Procedure:**
  - You will be seated, and a special cuff, similar to a blood pressure cuff, will be placed around the penis.
  - You will then urinate into a device connected to the cuff, which measures the pressure and flow of urine.
  - The test is quick, usually taking only a few minutes to complete.
3. **After the Test:**
  - Once the test is finished, you can resume normal activities immediately.
  - Your doctor will review the results and discuss them with you during a follow-up visit.

### Benefits of the UroCuff Test

- **Non-Invasive:** No need for catheters or other invasive instruments.
- **Quick and Painless:** The test is simple, with minimal discomfort.
- **Accurate Results:** Provides valuable information for diagnosing urinary issues and planning treatment.

### Risks and Considerations

The UroCuff Test is generally safe, with no significant risks associated. You may feel slight discomfort during urination, but this is temporary.

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